

## Dojo's Schedule

Monday		Tuesday	
Time		Time	
8a - 11a	Yoga	8a - 11a	Yoga
		4:30p - 5p	Karate: Pee-Wee
5:10p - 6p	Karate: Beginner Children	5:10p - 6p	Karate: Beginner Children
6:10p - 7p	Karate: Int./Adv. Children	6:10p - 7p	Karate: Int./Adv. Children
7:10p - 8p	Karate: Adults	7:10p - 8p	Karate:Adults
Wednesday		Thursday	
Time		Time	
8a - 11a	Yoga	8a - 11a	Yoga
		4:30p - 5p	Karate: Pee-Wee
5:10p - 6p	Karate: Beginner Children	5:10p - 6p	Karate: Beginner Children
6:10p - 7p	Karate: Int./Adv. Children	6:10p - 7p	Karate: Int./Adv. Children
7:10p - 8p	Karate: Adults	7:10p - 8p	Karate:Adults
Friday		Saturday/Sunday	
Time		Time	
8a - 11a	Yoga	8:30a - 9:30a	Women Fitness
4:30p - 5p	Kenjutsu for Kids	9:30a - 10:30a	Kenjutsu
5:10p - 6p	Karate: Beginner Children	10:30 a - 11:30a	<b>Karate: Family Day</b>
6:10p - 7p	Karate: Int./Adv. Children	11:30a - 12:30a	Team Training
7p - 8p	Aikido		
8p - 9p	Karate:Adults		

- Pee-Wee Classes (Tue and Thu): Sempai Kayla Lopez
- All Karate Classes (Mon to Fri): Sensei Chad Eagan, Sensei Bruce Nguyen and Sempai Robin Nguyen
- Aikido (Fri): Sensei Sam Combs
- Kenjutsu (Fri and Sat): Sensei Chad Eagan and Sensei Bruce Nguyen